



LIVE WELL WORKSHOPS

## Diabetes Management Program

Calling All  
Diabetics/Pre  
Diabetics!!!!

experience any of these symptoms?

- Fatigued?
- Headaches?
- Increased thirst?
- Hunger?
- Frequent urination?
- Dry mouth?
- Unexplained weight loss?
- Blurred vision?
- Insulin resistant?
- Carb Cravings?



To qualify for this program:

- Have type 2 diabetes or pre diabetes
- HbgA1C over 5.0
- Adults only (ages 18+)
- Must have a glucometer to check glucose

### Program Includes:

- 10 Day Experience of Ketones
- Two InBody Body Composition Scans (30 days apart)
  - Weekly 15 minute phone check in's
  - 1 Keto Manual/Cookbook written by Lori Lee, MA, RDN, CPT, CLT
  - Nutritional Coaching with Lori Lee
- All this for \$250.00 this is a \$335.00 value

Call, to see if you qualify!  
(973)-895-2003



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[www.thewellnesscenternwj.com](http://www.thewellnesscenternwj.com)

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ONE BODY · ONE LIFE